

## **COUNCIL OF UNIVERSITY DIRECTORS OF CLINICAL PSYCHOLOGY EXPECTATIONS FOR INTERNSHIP ELIGIBILITY**

1. Trainee meets or exceeds foundational and functional competencies as outlined by the Assessment of Competency Benchmarks Work Group.
2. Trainee successfully completed a master's thesis (or equivalent).
3. Trainee passed program's comprehensive or qualifying exams (or equivalent).
4. Trainee's dissertation proposal has been accepted at the time of application to the internship.
5. Trainee successfully completed all required course work for the doctoral degree prior to starting the internship (except hours for dissertation and internship).
6. Trainee completed an organized, sequential series of practicum experiences supervised by at least two different clinical psychologists that involve formalized practicum experience in evidence-based assessment and therapy. The Trainee completed at least 450 face-to-face hours of assessment/intervention and at least 150 hours of supervision by a clinical psychologist who routinely employed individual and/or group supervision models and at least one or more of the following intensive supervision methods (e.g., direct observation, co-therapy, audio/videotape review). During early formative years, the ratio of face-to-face hours to supervision hours approximated 1:1 and increased to around 4:1 as the Trainee developed intermediate to advanced clinical skills.
7. Trainee has contributed to the scientific knowledge within psychology, as evidenced by:
  - a. Publishing an article in a refereed journal or a book chapter as an author or co-author, or
  - b. Presenting at least three papers/posters/workshops at regional, national, or international professional conferences or meetings.
8. Trainee was enrolled in a program that conducts formal annual evaluations of each student for purposes of monitoring trainees' developing competencies and assuring that only students making satisfactory progress are retained and recommended for doctoral candidacy and entry into the profession. This annual program review of each student utilizes evaluations obtained from different faculty and supervisors and covers the full range of competencies including academic, research, clinical skills, and ethical professional behavior. Trainee has been rated as meeting expectations and possessing the required competencies at the time of applying for internship.

Adopted January 22, 2011

**CUDCP suggested language for CUDCP DCTs to provide to applicant Internship programs as part of their APPI statement:**

I am pleased to report that in addition to her/his accomplishments and talents enumerated above, (Name of Student) also has met all of the requirements inherent within our program's commitment to the CUDCP Expectations for Internship Readiness. As a proud member of CUDCP, our program maintains an extremely strong commitment to excellence in doctoral training. Many internship sites have reported to CUDCP that students from member programs are more consistently well prepared, particularly in understanding the role of science in clinical practice. Specifically, we have ensured that our students uniformly meet the following criteria before applying to internship: (a) successful completion of a thesis project, doctoral qualifying examination, required course work, and dissertation proposal; (b) successful completion of a set of organized, sequential practicum experiences spanning across several different training facilities and resulting in the acquisition of a wide range of assessment and intervention skills as well as an introduction to skills in supervising others; (c) contributing to the science of clinical psychology through publication and/or presentation of empirical work in professional outlets; and (d) demonstration of consistent professional and ethical behavior with a diverse group of people across a range of professional settings. Our faculty has unanimously endorsed his/her application for internship.